

CURRICULUM & CLASS DESCRIPTIONS and HOURS: (subject to change)

	Class		Hours
1.	Ministry Of Healing	This class is designed to help the Medical Missionary/Counselor understand the principles of Biblical ethics. This should help them to develop their own guidelines within the framework of the gospel, as well as how to apply them in a professional setting to aid in the interaction with individuals wherever we are, and especially in the Lifestyle Center.	8
2.	Hydrotherapy Practicum	The practice of water treatments to become proficient in their administration. Also to become acquainted with the equipment used in an institutional facility.	44
3.	Therapeutic Massage	This class is designed to prepare and educate the Lifestyle Counselor in the art of massage to help relieve pain, reduce stress, and work on a specific problems like rotator cuff pain.	66
4.	Common Diseases	This class provides a working knowledge of disease processes, and the traditional and natural approach to treatment.	22
5.	Herbal Remedies	The study of and use of medicinal herbs in various forms (salves, tinctures, infusions, poultices etc.) for specific lifestyle diseases.	22
6.	Medical Conference	This conference provides counselors with a wonderful opportunity to learn natural strategies to be used for specific disease conditions.	40
7.	Medical Terminology	Provides the counselor with the knowledge and proficiency of medical terms used in the medical profession.	22

8.	Patient Diagnosis and Management	Training on how to perform physical examination and history taking.	44
9.	Therapeutic Nutrition	Provide an understanding of food, its components and relationship to health and disease. Particular attention is given to different diets and their role in the recuperation of individuals from various conditions.	12
10.	Clinical Practicum	Practical full-time guest care and management under the direction of medical staff plus educating guests on lifestyle principles	6 Months
11.	Health Center Orientation	Counselor is acquainted with the unique procedures and policies of Gems Natural Health center.	30
12.	Medical Ministry	This class gives a deeper understanding of medical missionary work. By uniting with the Great Physician and following his methods, we too, will have success.	22
13.	Phlebotomy	This class provides instruction on the performance of venipuncture.	22
14.	Physiology of Hydrotherapy	This class provides an understanding of the mechanisms behind water treatments used to treat disease.	22
15.	Biblical Counseling	The class is designed to give the Lifestyle Counselor skills in identifying and addressing key spiritual/emotional issues.	16
16.	Christ's Methods	Counselors learn by Christ's example on how to come in contact with and interact with guests to affect positive changes	8

spiritually, mentally and physically.

Those techniques, hands on and implementing of various health procedures and preparations will be determined by the Gems Natural Health Director/Instructor. Time, Location and dates will be scheduled with the students and practice facilities.