## Roach Milk - the Next SUPERFOOD! (they say...)



## By: Sharlene Thomas

"And God said, Behold, I have given you every herb bearing seed, which *is* upon the face of all the earth, and every tree, in the which *is* the fruit of a tree yielding seed; to you it shall be for meat." Genesis 1:29

In a recent study, it was concluded that roach milk is the new superfood! Roach milk is said to be among the most nutritious substances on Earth and three times richer in calories than buffalo milk and chock full

of protein. How can a scavenger by nature be a good source of health to the point of being termed a nutrient "superfood." Let's, just for a moment, look at the inherent nature of a cockroach. Orkin, known as one of the leading pest control companies in the United States describes the diet of roaches. "Although they prefer sweets, meats and starches, they are also known to consume other items such as hair, books and decaying matter. **Cockroaches eat what is available to them**: cockroaches that inhabit sewers feed on sewage, while species living on dead trees consume decaying wood." (Orkin)

Has it now become commonplace for a scavenger once categorized as a pest to now be utilized as a substance and champion for health? I decline.

The milk is prepared by extracting from the roaches. The brood sac used for the embryos is substituted with filter paper and left there, after a while once removed the milk is present. One of the scientist conducting this experiment tasted the milk and says that it virtually tastes like nothing. This is scary. Although not on the market as yet, is it possible that this milk can be slipped into any milk product in an attempt to test its effectiveness? It is past time to become knowledgeable in the growing of and healthful cooking of food. In a previous issue, the recipe to make your own milk was given. You can find the recipe here. We cannot trust the government to uphold the laws and standards of Christ, especially as we are slowly witnessing the demise and moral decline of this nation.

"It is the Lord's design that in every place men and women shall be encouraged to develop their talents by preparing healthful foods from the natural products of their own section of the country. If they look to God, exercising their skill and ingenuity under the guidance of His Spirit, they will learn how to prepare natural products into healthful foods. Thus they will be able to teach the poor how to provide themselves with foods that will take the place of flesh meat." (TSDF 101.8)

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## **References**

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