

GEMS NATURAL HEALTH CENTER

Natural Health Center

Dear Valued Client:

Welcome to the *GEMS Natural Health Center*. Our policy for clients, before they are given an appointment, require that all forms must be completed prior to a consultation and must be returned as quickly as possible, if you wish an immediate appointment. This will help to eliminate a considerable amount of counseling time, asking health related questions that could have been easily written down on the forms provided. It will also help the counselor to develop a more accurate client evaluation and assessment of their health requirements, and for planning their personal health program.

Please read the following instructions and follow through and complete and sign all forms:

1. Please read our brochure for the nature and purpose of our services.
2. The *Health Profile Forms* consist of general health information designed to help evaluate the client's spiritual, mental, and physiological requirements, while planning for his or her personal, natural health program. These forms must be completed prior to your initial appointment.
3. The *Transitional Food Menu Charts* will be completed at the time of your appointment with the *Practitioner*, and the foods chosen will be initially based on some of the client's dietary preferences.

If you have any questions relative to the completion of any form, please call for assistance, and remember that all the forms must be completed and signed by the client prior to a counseling appointment. We will promptly call and give you an appointment when we receive your forms, providing that all forms are properly completed.

Best of Health, and we hope to hear from you soon.

