

Beauty products can have seriously ugly side-effects

The products you put on your body need to be treated with caution



The researchers tested each product for the presence and level of 66 endocrine disruptors that are associated with a variety of health problems including reproductive disorders, birth defects, asthma and cancer.

They found that the products contained a total of 45 endocrine disruptors, with each product containing anywhere between six and 30 of the chemicals tested for in the study.

All of the products contained fragrance chemicals and 78% contained parabens - preservatives commonly found in cosmetic products which have been shown to be endocrine-disruptors.

Nonylphenols and diethyl phthalate were also commonly found in root stimulators, hair lotions and hair relaxers, and cyclosiloxanes were found more frequently in anti-frizz products.

Eleven products also contained seven chemicals that were prohibited in the European Union (EU) or regulated under California's Proposition 65, and hair relaxers marketed at children contained the highest levels of five chemicals prohibited in the EU or regulated under Proposition 65.

You Look Good. Open Casket Good.

Researchers noted that the chemicals found in the study are also present in other beauty products. However, the levels found in the products for black women were generally higher

"Chemicals in hair products, and beauty products in general, are mostly untested and largely unregulated," says lead author Jessica Helm. "This study is a first step toward uncovering what harmful substances are in products frequently used by black women, so we can better understand what's driving some of the health issues they're facing." Helm is now advising consumers to reduce the number of products they use, look for products that say "paraben-free" or "fragrance-free" on the label, and choose products that are plant-based or made with organic ingredients. The results can be found online in the journal [Environmental Research](#).



Our society places a high value on the physical beauty of women, but it does not understand all of the elements that make a woman truly beautiful. If a woman possesses only the physical aspect of beauty without the inner and godly qualities, she is a hollow and empty shell. It is within every woman's reach to become the beautiful woman God intended her to be. She should be beautiful on the outside, beautiful on the inside and, most importantly, she should be beautiful to God. Proverbs 31:30 reads, **“Charm is deceitful and beauty is passing, but a woman who fears the LORD, she shall be praised.”**

What Makes a Woman Beautiful?

Our society places a high emphasis on the physical aspect of beauty and neglects the other elements that really make a woman totally beautiful.

We live in a society that places a high degree of importance on physical appearance. Television, movies, magazines and billboards all display attractive people. We see men and women (more women) running to plastic surgeons, having many different kinds of procedures done simply to enhance their appearance. Our society is obsessed with physical beauty, and many women are caught up in that obsession as well.

A woman can and should be beautiful—God designed her to be that way. Her skin, hair and other features were created to be soft and appealing, and her body was fashioned to be attractive and beautiful to men. A woman was designed to be attractive, and most women want to be beautiful. However, the physical side of beauty is just a small part of what makes a woman truly beautiful.

Our society places a high emphasis on the physical aspect of beauty and neglects the other elements that really make a woman totally beautiful. A beautiful woman is not just physically appealing; she is appealing in many different areas.

Think about it, the same chemicals the living put in and on their bodies, Morticians would never put in or on the dead! They are paid to embalm the deceased, while the soon to be deceased embalm themselves. Hmmm, the walking premature dead look.



Outer beauty

A truly beautiful woman is physically appealing. Not all women are gifted with perfection of physical features, but fortunately, this is not the only prerequisite for beauty. Women tend to take a critical look at their individual features and flaws and feel this is what makes them attractive or not, whereas a man tends to look at the overall impression a woman creates. What a woman does with what she has is very important in making herself attractive. Physical beauty is really within the reach of any woman.

The Effects Of Toxic Beauty Products On Black Women

Researchers tested 1,177 products targeted for sale to Black women.

Findings showed that Black women used products at a higher rate than white women, and what they used was proportionally less safe. Testing 1,177 products targeted for sale to Black women, the results showed that one out of 12 products were rated “highly” hazardous to human health. Also revealed: There are a limited range of products in the “low hazard group” available to Black women.

The most problematic products are hair relaxers, colors, and bleaches. They are linked to hormone disruption, reproductive damage, and cancer. Both girls and women use chemical hair straighteners. These items include lye, which works to “break down the chemical bonds in hair.” The connections to potential side effects are scary. Baldness and uterine growths have been cited. For women who are pregnant at the time of usage, their infants can be born prematurely or face low birthrates.

A look at 15 hair relaxers indicated an average rating of 8.1 on a scale where 7 to 10 represents a high potential hazard. Even the offerings listed as “no-lye” (sodium hydroxide) came in at from 5 to 10. Most likely, this is because calcium hydroxide is used as a replacement, despite being a “caustic irritant.” studies have found that Black Americans had higher urinary concentrations of parabens, the hormone-disrupting chemicals commonly used as preservatives in personal care products, pharmaceuticals and foods.”

“Growing up in an African-American home, I would always hear ‘a women’s crown is her glory,’ or in other words, a woman’s hair is her ‘crown and glory.’ It’s something that she takes much pride in. It’s almost intimate; the relationship a black woman has with her hair. We learn from early childhood, what to do with it. And at some point, for an African-American young girl, that becomes using perms and relaxers on the hair. It’s a cultural norm. It’s a behavior that we learn to do and it’s understood it’s what you should do with your hair.

There’s a serious lack of knowledge that using such toxic products, at such frequency, can have detrimental effects on one’s health and reproductive systems. This knowledge is imperative. Black consumers are totally in the dark about the deadly chemicals lurking in their hair products. And even if we do know that there are some harsh chemicals present, we still don’t understand the risks to our health. If our moms and aunts and friends all do it then it must be okay, right?

Black women need to know what this means for their health. We have a right to know.”

A woman should be kind—she should be gracious. Proverbs 11:16 tells us that a gracious woman retains honor. When you think of the women that you hold in high regard, they usually are ladies who are kind, gentle, thoughtful, unselfish, etc. They are the women that we look up to and remember. In Proverbs 31:26, a virtuous woman is described as having the law of kindness on her tongue.



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