Thousands need and would gladly receive instruction concerning simple methods of treating the sick—methods that take the place of poisonous drugs. There is great need of instruction in regard to reform in diet. Wrong habits of eating and the use of unhealthful food are in no small degree responsible for the intemperance, crime, and wretchedness that curse the world. MHH 75.2 In teaching health principles, keep before the mind the great object of reform—that its purpose is to secure the highest development of body, mind, and soul. Show that the laws of nature, being the laws of God, are designed for our good. Obedience to them promotes happiness in this life and aids in preparation for the life to come. MHH 75.3

Lead the people to study God's love and wisdom as revealed in the works of nature. Lead them to study that marvelous organism, the human system, and the laws by which it is governed. Those who perceive the evidences of God's love, who understand something of the wisdom and beneficence of His laws, and the results of obedience, will come to regard their duties and obligations from an altogether different point of view. Instead of looking upon obedience to the laws of health as a matter of sacrifice or selfdenial, they will regard it as it really is—an inestimable blessing.

Calling these disciples together, Christ gave them their commission: . . . "And as ye go, preach, saying, The kingdom of heaven is at hand. Heal the sick, cleanse the lepers, raise the dead, cast out devils: freely ye have received, freely give." "Behold, I send you forth as sheep in the midst of wolves: be ye therefore wise as serpents, and harmless as doves." Matthew 10:7, 8, 16. {CH 541.1}

There is a grand work to be done in relieving suffering humanity, and through the labors of students who are receiving an education and training to become efficient medical missionaries the people living in many cities may become acquainted with the truths of the third angel's message. Consecrated leaders and teachers of experience should go out with these young workers at first, giving them instruction how to labor. When favors of food are offered by those who fear and honor God, these favors may be accepted.