

GOD'S APPROVED REMEDIES

Clay an Intelligent Remedy

Disclaimer

- This information provided is for **educational purposes only** and reflects the Biblical life-style plan designed by God for health and happiness.
The information presented herein **is not to be used as medical advice or to diagnose or to treat disease**. Rather, it reflects the convictions of Bible-believing Christians in regard to our Biblical understanding of how to cooperate with God in the work of healing-which He promised to do. Therefore, the use or misuse of any information contained herein is at the sole risk and discretion of the user, and the compiler of this study is not liable for any negative effects, or worthy of praise for any positive results. For diagnosis, treatment or any other procedure including allopathic medical advice, see your medical doctor. For healing, see the Great Physician. (Psalm 103:1-3)

Genesis 2:7

- ▣ And the LORD God formed man [of] the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.



Genesis 3:19

- ▣ In the sweat of thy face shall thou eat bread, till thou return unto the ground; for out of it was thou taken: for **dust** thou [art], and unto dust shall thou return.

Job 10:9;13:12

- ▣ Remember, I beseech thee, that thou hast **made me as the clay**; and wilt thou bring me into dust again?
- ▣ Your remembrances [are] like unto ashes, **your bodies to bodies of clay**.

Job 33:6

- ▣ Behold, I [am] according to thy wish in God's stead: **I also am formed out of the clay.**

John 9:6

- When he had thus spoken, he spat on the ground, and made clay of the spittle, and he anointed the eyes of the blind man with **the clay**,
- 9:7 And said unto him, Go, wash in the pool of Siloam, (which is by interpretation, Sent.) He went his way therefore, and washed, and came seeing.
- 9:8 The neighbours therefore, and they which before had seen him that he was blind, said, Is not this he that sat and begged?
- 9:9 Some said, This is he: others [said], He is like him: [but] he said, I am [he].
- 9:10 Therefore said they unto him, How were thine eyes opened?
- 9:11 He answered and said, A man that is called Jesus **made clay**, and anointed mine eyes, and said unto me, Go to the pool of Siloam, and wash: and I went and washed, and I received sight.
- 9:12 Then said they unto him, Where is he? He said, I know not.
- 9:13 They brought to the Pharisees him that aforetime was blind.
- 9:14 And it was the sabbath day when **Jesus made the clay**, and opened his eyes.
- 9:15 Then again the Pharisees also asked him how he had received his sight. He said unto them, **He put clay upon mine**

Counsels on Health

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- ❑ Christ feels the woes of every sufferer. When evil spirits rend a human frame, Christ feels the curse. When fever is burning up the life current, He feels the agony. And He is just as willing to heal the sick now as when He was personally on earth. Christ's servants are His representatives, the channels for His working. He desires through them to exercise His healing power. {CH 30.2}
- ❑ In the Saviour's manner of healing there were lessons for His disciples. On one occasion He anointed the eyes of a blind man with clay and bade him, "Go, wash in the pool of Siloam. . . . He went his way therefore, and washed, and came seeing." John 9:7. The cure could be wrought only by the power of the Great Healer, yet Christ made use of the simple agencies of nature. While He did not give countenance to drug medication, He sanctioned the use of simple and natural remedies.

Types of Clay

- ▣ There are different kinds of clay, with different colors, going from white to black.



French Green Clay



- ▣ French green clay is a substance that is used for external treatments as well as internal applications. It was used in Egypt, Greece, and Rome to treat a variety of skin problems and digestive disorders.
- ▣ French green clay takes its name from the fact that rock quarries located in southern France. The clay's green color comes from a combination of iron oxides and decomposed plant matter. The other components of French green clay include a mineral known as montmorillonite, as well as dolomite, magnesium, calcium, potassium, manganese, phosphorus, zinc, aluminum, silicon, copper, selenium, and cobalt.

Clay Properties

- ▣ One of the greatest clay properties is the absorption power. Clay has an extraordinary absorbent power. Clay has a unique power to attract impurities and toxins, out of the human body, just simply because clay is electro negative and the impurities and toxins are electro positive. Also at the same time clay provides your body with trace minerals and enzymes that go through your skin into your blood stream. It is colloidal and has an adsorbent power also. Due to its adsorption capacity clay is employed in the oil industry to purify oils.

- ▣ When it is used externally, clay may be applied in several different forms, such as: poultices, compresses, cataplasms, powder (sprinkled) and baths.
- ▣ Clay is antiseptic (prevents decay or putrefaction), cicatrizing (promotes fast healing of wounds), anti-inflammatory (relieves and prevents inflammation), anti carcinogen (cleans cancer cells), emollient (softens and soothes the skin), refrigerant (cools and reduces body heat) and cosmetic (improves skin's texture).

How to prepare the clay

- ▣ Prepare clay in a deep bowl. Use a container made of glass, porcelain or wood but never a metallic one (aluminum, copper, iron) or plastic.
- ▣ Fill the container with spring or distilled water and sprinkle the clay powder until you get a homogeneous paste, not very concentrated. Let the clay rest for 2 hours. Handle it as little as possible.



External Application

- ▣ With a wooden spoon spread an even layer of clay over the area to be treated. The thickness may vary from $\frac{1}{4}$ inch to 1 inch. Do not smooth the surface; clay settles naturally when put into place. Wrap with a light cloth bandage. When placed on an inflamed organ, abscess, or another purulent sore the clay must be cover with a cabbage leaf to slow down its drying process. If the area to be treated is on either side of the body, like the kidneys, first the clay may be spread onto a cloth and then placed on the affected area. Let the clay works for 2 hours. After, remove the clay with lukewarm water and do another application. Do at least 3 applications daily; never use the same clay twice. After the poultice is removed, throw the clay into the trash. For efficient action, it is necessary to place the clay directly onto the body. If you are treating an ulcer or an open sore, it must be placed directly on the flesh.

Some External applications



Arthritis



Facial Mask



Rheumatoid Arthritis



Neck Cyst



Rheumatoid Arthritis



Internal Use

- ▣ How to prepare clay for internal use: Put $\frac{1}{4}$ of a teaspoon of clay in a 4 oz. glass of distilled water. Prepare the clay in the evening and let the clay sit overnight. Drink the water in the morning 1 hour before breakfast. In the 1st week drink only the water that has separated from the clay. The 2nd and 3rd weeks swirl the mix in the cup and drink the water and clay together; after 21 days rest for 7 days. Drink the clay mix for a period of 21 more days then resting again 7 days. Then repeat one last time for a period of 21 days. **Important, during this time do not eat dairy products.**

Clay Benefits

- ▣ Using non-contaminated green healing clay internally can be advantageous for general health. Traditionally, only small amounts of hydrated clay are required to achieve the following benefits:
- ▣ Detoxification of the digestive system (the absorptive action of clay pulls contaminants from the body)
- ▣ Bacterial, organic and non-organic toxicity
- ▣ Elimination of internal parasites (digestive tracts)
- ▣ Immune System Support (clay used internally stimulates the body's elimination system and supports organ function)
- ▣ Fixes free oxygen in the blood stream (occurs once the liver has been restored to full function)
- ▣ Increases T-cell count
- ▣ Fights free radicals
- ▣ Mercury poisoning!
- ▣ Trace mineral supplement
- ▣ Liver detoxification
- ▣ Stomach aches and bacterial food poisoning
- ▣ Alkalizing agent in the body

Precautions with Clay

- ▣ Applications should only occur at least two hours before or two hours after meals.
- ▣ When treating an abscess or purulent ulcer, it is necessary to change the application every hour, whenever possible. However, if the application dries in a half an hour, take it off without waiting the entire hour.
- ▣ Avoid abdominal applications when menstruating and all applications during pregnancy.

Red Clay

- ▣ Red Clay, also known as Moroccan red clay or Morocco clay, this clay is rich in iron oxide (this gives it the red color), it is highly adsorbent and draws oils and toxins from the skin. This is the clay to use for moist, oily skin types. Has been used in treatment of acne and poison ivy/oak. For a colorant in soaps and lotions use at approx. 1tbsp per 1 pound of soap/lotion.

Facial mask with red clay



Pascalite Bentonite Clay

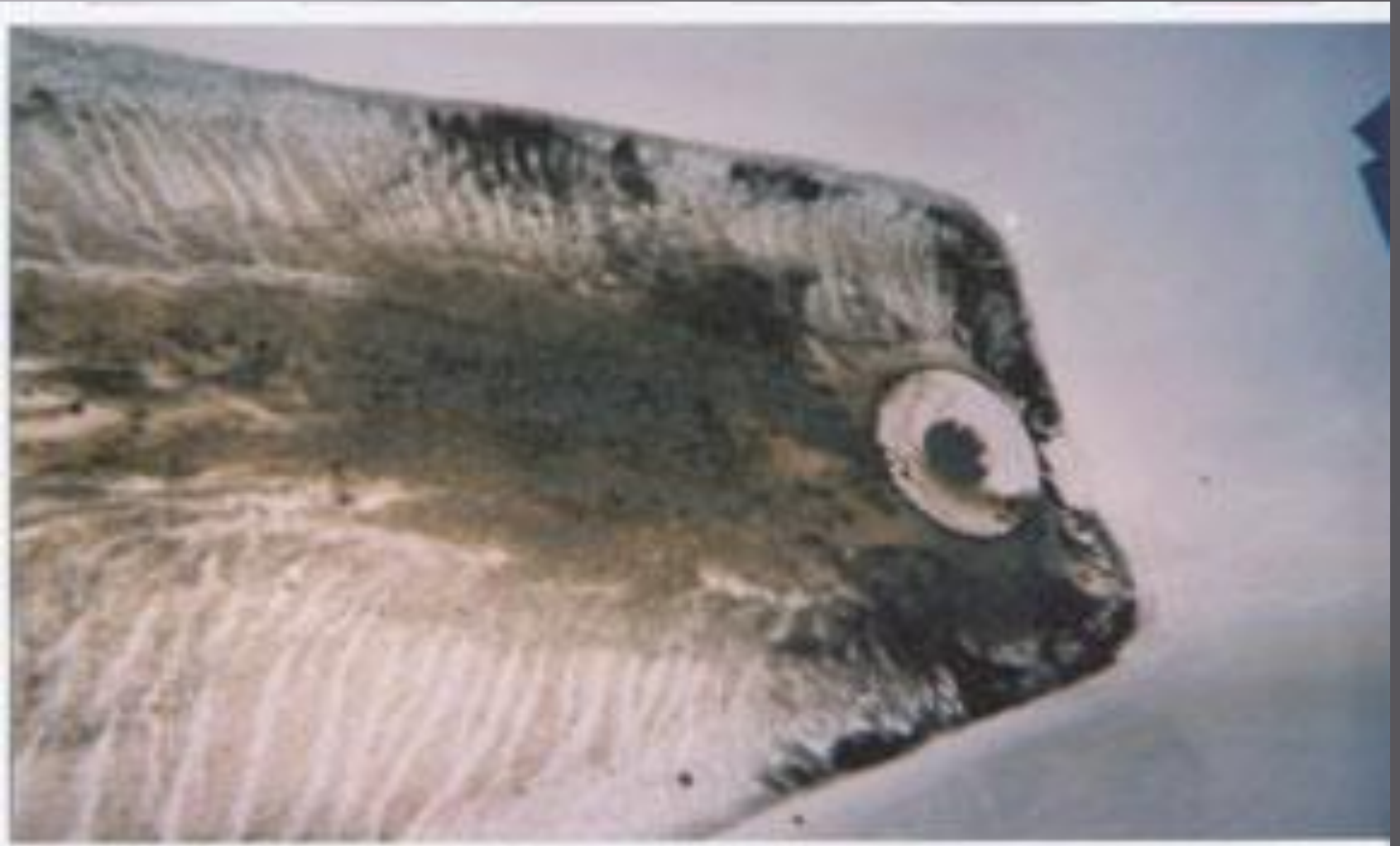
- ▣ PASCALITE CLAY is a rare cream-colored, calcium Bentonite formed in the Big Horn Mountains in Wyoming. It differs from other clays due to some unique special qualities. This clay is solar dried, and being very sterile clay, it can be ingested internally. It is a valuable food supplement and has extraordinary qualities relating to nutrition and health. Used as a paste (mixed with water), it is effective as a pain reliever. Pascalite is rare calcium bentonite clay, which suggests a very unique "synergism" which is not completely understood.

Harvey C. Lisle, chemical engineer, specializing in bio-dynamics, established PASCALITE, as a "rock dust" that is "alive", radiating energy 100 feet, and possesses the ability to negate noxious energy. Placed above or below the TV set or microwave, testing show complete destruction of harmful electric energies emanating from them. In Europe it is also used successfully for rejuvenating "dead" soil and bringing dying forests back to life!

Clay Bath

- The baths are an untreated, unaltered product, used for thousands of years utilizing the Earth's natural healing properties.
- The baths safe and effective as an aid to detoxification when used according to the bath instructions. One bath releases years of toxic environmental pollutants that have been accumulating--out of your body and into the bathtub.
- The baths are inexpensive and do not require costly equipment. They can save you hundreds of dollars and lots of time compared to chelation therapy and other forms of environmental detoxification programs.
- The baths can be taken in the privacy of your own home, with minimal inconvenience.
- Healing properties can be maximized if used in combination with other cleansing and maintenance programs.
- Formulas of all natural spices and herbs have been synergistically tested as well as specific testing for amounts to maximize the effectiveness of each formula.
- Children and the elderly can use the baths.
- The clay and formula ingredients are all natural.
- Test results have shown that the clay-detoxifying bath detoxifies metals from the body much faster than other types of chelation.
- Use 2-4 cups of clay in a bath. Stay there for 1 hour.
- Take a clay bath only 2 times a week for a period of 1 month.

Clay tub after a Bath



Clay Tub

- ▣ Fill an old tub in your back yard with 150 pounds of clay, (Bentonite clay is good because is not expensive). Stay inside for 1 hour. You can do this 1 time a week for 1 month. After the clay tub you need to rest 2 hours minimum.



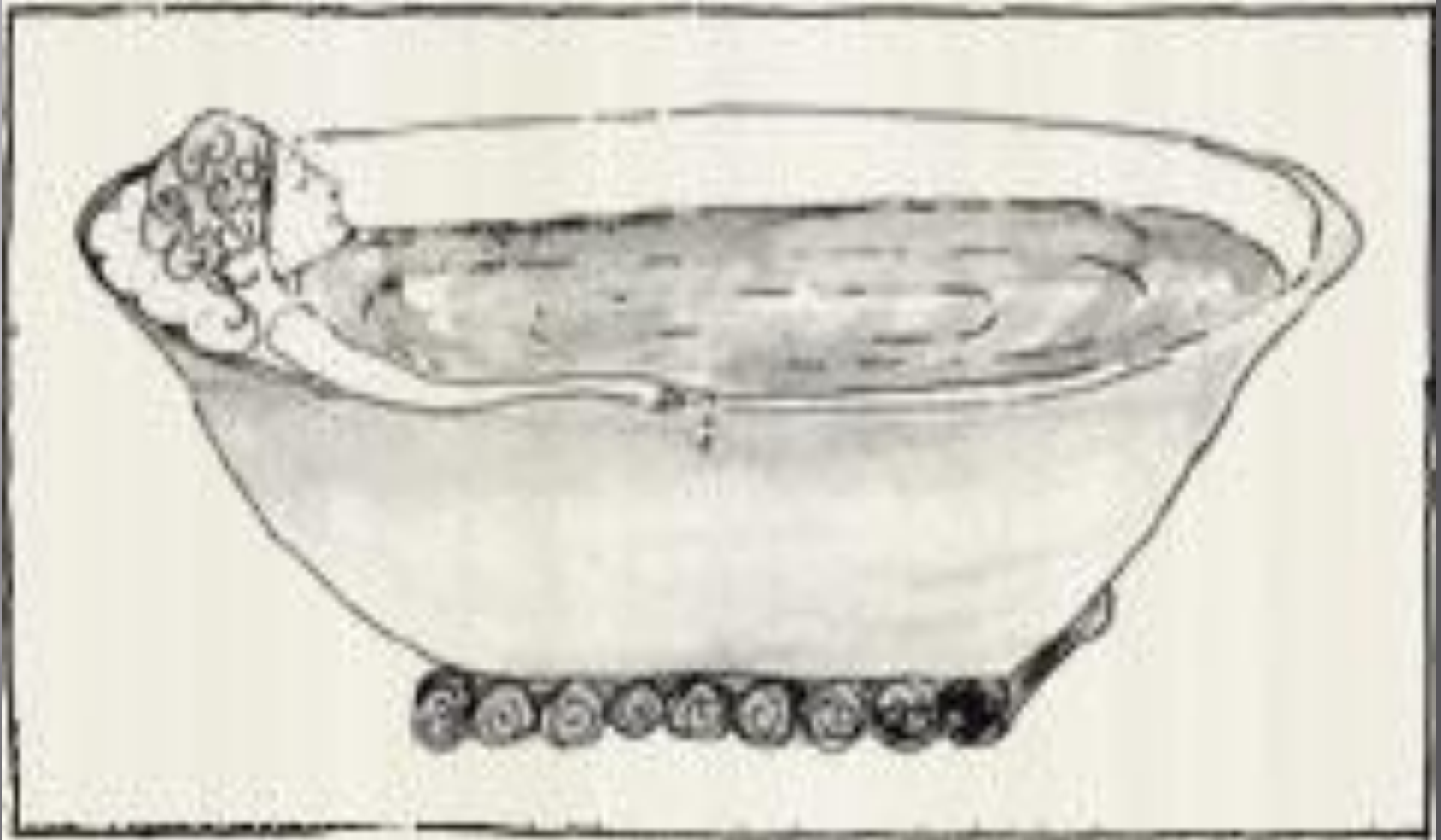
Clay baths have been a tradition, a way of life since the time of the Ancient Greece and Rome. The combination of clay, hot springs mineral waters in the clay bath, relax muscles and joints, detoxifies and leaves the skin soft and renewed.

- ▣ **STEP 1:**
- ▣ The treatment begins as you immerse yourself into your individual tub of warm clay.



STEP 2:

Relax as the clay treatment detoxifies, soothes aching muscles and leaves you feeling fresh and renewed. Your clay bath will take 35 minutes.



STEP 3:

After your clay bath you enjoy a refreshing hot shower.



Heavy Metals

- **DIOXIN**, one of the deadliest substances known, is sprayed on coffee and vegetable fields in Central America. (They now have organic coffee and vegetable farmers.) Dioxin is also found in many lawn fertilizers and pesticides.
- **MERCURY**, besides leaking from teeth filings, is also found in fish, cosmetics, soil, pesticides, film (photos and negatives), paint and plastics.
- **ALUMINUM** is used in soft-drink cans, cookware, cheeses, white flour, baking powder and deodorants.
- **CADMIUM** is contained in cigarette smoke, coffee, gasoline, steel cooking pans and metal pipes.
- **ARSENIC** may be present in coffee, some types of rice, salt, industrial pollution and pesticides.
- **LEAD** is found in dyes, gasoline, paint, plumbing, pottery, insecticides, tobacco smoke, textiles and scrap metal.
- **CARBON MONOXIDE**, of course, comes from auto exhaust, cigarette smoke and smog.
- In other words, **ALL OF US ARE EXPOSED TO COUNTLESS CHEMICALS AND METALS EVERY DAY OF OUR LIVES!**

Finger after clay application

