

The Dangers of Lipstick



One cosmetic product that many women use, and perhaps through the entire day, is lipstick. While lipstick does make a woman's face and especially her lips more appealing, lipstick, most commercial brands of them, are toxic, poisonous and harmful.

Lead in lipstick

It has been revealed that many brands of lipstick contain lead, more amounts of this toxic element than is allowed by government for use in candy. FDA-approval does not guarantee safety or that a product is automatically safe to consume or use. It is a fact that cosmetic products are one of the least regulated product categories by the entrusted FDA.

A woman who applies lipstick is also ingesting some of it during or throughout the day. If she likes reapplying lipstick through the day, that much more lead gets into her bloodstream via the skin of her lips.

Lead is not added as an ingredient in the lipstick manufacturing process, but it comes from the colorant used or is the by-product of the lipstick making process.

Even small amounts of lead over time amounts to a significantly unsafe level of lead exposure. Lead is a neurotoxin, adversely affecting the nerves and can cause brain damage and behavioral, learning and language problems; can lower IQ or intelligence quotient, can cause hormonal imbalance, can delay the onset of puberty; can cause infertility and miscarriage, and believe it or not, it increases aggression.

Petrochemicals in lipstick

Lipstick manufacturers are also using petrochemicals to manufacture lipstick. Petrochemicals are harmful to human health.

Research the brand's ingredients before making your purchase. Many lipstick brands contain very harmful ingredients besides lead. In addition to lead, lipsticks may contain:

- Formaldehyde-a preservative and known carcinogen
- Mineral oil-a substance known to block pores
- Talc
- Parabens-known carcinogens used as a preservative.
- Bismuth oxychloride-a known carcinogen

Natural and plant-based lipsticks

Healthy makeup brands are:

- All Natural Cosmetics
- Dr. Hauschka
- Honeybee Gardens

- [Isabella Catalog](#)
- [Natural Solutions](#)
- [Neways](#)
- [Pristine Planet](#)
- [Refreshingly](#)
- [Saffronrouge](#)
- [Skin Botanica](#)

Natural or not?

It is common to find ingredients for natural lipstick such as: Aloe Vera Extract, Beeswax, Candellila Wax, Carmine, Carnauba Wax, Castor Oil, Cocoa Butter, Hempseed Oil, Iron Oxide, Jojoba Oil, Lanolin, Mica, Shea Butter, Titanium Oxide, Tocopherol, and Ultramarine(s) to name a few, but you need to know that every ingredient in a product labeled "natural" may not harmonize with your belief system, conscience, diet, and/or lifestyle.

For example, Carmine (the only alternative to Red Lake petroleum dye) is just like Cochineal and is derived from an insect and thus is not a vegan ingredient.

Beeswax (which is derived from bees) and Lanolin (which is derived from sheep) are also not vegan products.

People who are vegans cannot use or consume these ingredients, so while a lipstick brand may purport to be natural, it will nevertheless not be vegan in nature.

Mica, Titanium Dioxide, and Iron Oxide are suspect and implicated in minor adverse health conditions, especially Titanium Dioxide. Iron Oxide is the safest of these ingredients.

Tocopherol a/k/a Vitamin E is really a soybean oil byproduct. Most Vitamin E today is a by-product of soy production.

Thank you for reading!